AKNUTMAQN

Walk to Remember

On Thursday, July 1st, close to 2,000 people gathered and walked in honour and remembrance of the children of Residential Schools.

Amid a sea of orange, Membertou community members and non-community members joined together in unity and support. The group walked from Sacred Heart Church to the bandshell at Wentworth Park. To ensure everyone who wanted could partake, busses also took Elders and those with mobility concerns along the route of the walk.

At the bandshell, there were speeches, dancing, and a beautiful moment where children joined in on drumming and singing of the Honour Song, in remembrance of the children of Residential Schools.

The walk would not have been possible without the guidance of Chrissy Christmas, organizer of the walk, who worked hard to make this important event possible, in only a matter of days. Thank you, Chrissy, for everything you have done to help turn Canada Day orange.

Turn to page 11 to view more pictures from the walk and a message of thanks from Chrissy.

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Notices & Deadlines

All newsletter submissions must be sent to: communications@membertou.ca one week prior to newsletter release date.

The next submission deadline is Friday, July 16th 2021.

Summer Hours
Summer Hours are in effect for Membertou Band Office and associated facilities. The summer hours are Monday-Thursday, 9AM- 5PM & Friday 9AM – 1:30PM (no lunch break).

Check Runs
Finance checks can be picked up at the Band Office on Fridays from 9:30AM until close at 1:30PM. Anything not picked up will be mailed out.

Membertou News

Green Bin & Garbage Collection

Collection is every Tuesday at 12:00 PM.

- Tuesday, July 13th 2021
- Tuesday, July 20th 2021
- Tuesday, July 27th 2021

To book a Waste Management Session, please contact Adrian Paul at: (902) 564-6466 ext. 2256.

Membertou Recycling

Membertou Recycling is every second Saturday at 12:00 PM.

Upcoming Pick-up Dates:
- Saturday, July 10th 2021
- Saturday, July 24th 2021
- Saturday, August 7th 2021

Chief & Council 2021

To submit a letter for an upcoming council meeting, all material must be sent to: chrissychristmas@membertou.ca or leegould@membertou.ca.

Deadline for submissions is the Monday before the scheduled meeting at 12:00 PM. Any submissions after 12:00 PM will have to wait until the next council meeting.

Employment Opportunities

Membertou is hiring for the following positions.

Bartender (Part-time): Membertou Trade & Convention Centre
Dishwasher (Part-time): Membertou Trade & Convention Centre
Event Set-Up Worker (Part-time): Membertou Trade & Convention Centre
First Cooks (Part-time): Membertou Trade & Convention Centre
Food & Beverage Server (Part-time): Membertou Trade & Convention Centre/Kiju's Restaurant
Bingo Workers (Part-time): Membertou Entertainment Centre

Job description and details found here:
membertou.ca/employment-information

Application deadline has been extended to July 16th 2021 at 1:30PM

Applications can be sent to jobs@membertou.ca
All MTCC/Kiju's applications can also be sent to glenmorrison@membertoutcc.com

Membertou Services

AUSTIN CHRISTMAS PLUMBING AND HEATING
24 hour plumbing and heating emergency service. New construction, renovation, service work. Mechanical ventilation installation. Call for a second opinion at (902) 304-1090.

CAPE BRETON REGIONAL POLICE
Emergency: 911
Non-Emergency: (902) 563-5151

MI'KMAQ CRISIS LINE
1-855-379-2099
Available to Mi'kmaq communities, 24 hours a day.

MENTAL HEALTH MOBILE CRISIS TEAM
TOLL FREE: 1-888-429-8167

FREE NALOXONE TRAINING
902-574-3342

NOVA SCOTIA POWER OUTAGE INFORMATION
1-877-428-6004

MI'KMAW FAMILY & CHILDREN'S SERVICES OF NOVA SCOTIA
902-379-2433

PHARMASAVE – MEMBERTOU
902-539-7555

MEMBERTOU HOUSING EMERGENCY HOTLINE
902-270-3072

Congratulations

Congratulations once again to our 2021 grads and to all those who graded!

Our community is very proud of you and all your accomplishments. Your hard work and dedication to learning does not go unnoticed.

Wishing you all the best and good luck in your next adventures! Have a great summer

Vaccine Clinic

This week the Membertou Wellness Home held their final vaccine clinics at Membertou Trade and Convention Centre.

Membertou's first vaccine clinic opened in March at Membertou Entertainment Centre when community members 55+ began getting their first dose of the Pfizer vaccine. Among the first to get vaccinated was Membertou's eldest elder, Dave Moore, Senator Dan, and Chief Terry.

In May and June, first dose clinics opened to ages 40+, followed by 28-39, 16+ and 12+.

And just yesterday, July 8th 2021 all Membertou Community members 12+ received their second COVID vaccine.

Thank you to the Membertou Wellness Home and Health Team for all your hard work ensuring that the community received their vaccines and thank you to everyone who came out to get vaccinated!

This is an important step in helping to fight COVID-19!

Speed Radar Signs

3 new speed radar signs have been placed in our community:

- 1 is on Bradley Street
- 2 are on Churchill Drive
  - near roundabout
  - near Terry Way

The radar signs around the community will flash a warning if vehicles are driving over the set speed limit and allow the police to monitor the amount of traffic and speeds at these areas.
Together with the Cape Breton Regional Police, we are committed to ensuring streets in our community are safe.

Watch your speed and drive safe!

Feminine Coming of Age Teachings and Ceremonies

with Mi'kmaw Knowledge Keepers and Elders

- Membertou feminine youth approximate ages 8 through 14 – **must have already started puberty** (as marked by a change in voice or beginning of menses)
- For all feminine youth - those who identify as female, non-binary, and 2S+ - that want to be welcomed into the Mi'kmaw society of women
- Each participant is encouraged to bring a feminine family member to support them though this ceremony (mother, grandmother, auntie, older sister, cousin, etc.)

July 10th, 2021 - Start of Berry Fast and Sweat

Session begins at 7:00 PM at Membertou Heritage Park

6:00 PM – Feast with families: Beginning of Berry Fast. Beginning of a 1 year long berry fast where participants will not eat berries until end of ceremony in July 2022.
7:00 PM – Sweat with Jane Meader. Please bring a skirt and tshirt or long sleeved flannel nightgown, and a towel. Approximate end time of 9:00 PM.

Don't forget:
- A dish made with berries to share for the feast
- Clothes to wear during the sweat and a change of dry clothing
- A towel
- A feminine support person (adult)

Please contact paulinameader@gmail.com with questions. If you or your child have issues accessing the physical space and still wish to attend, we may be able to assist with transportation. The sweats will require parental permission. Can be given verbally or via email.

CANADIAN COAST GUARD
SEARCH AND RESCUE
YOUTH RECRUITMENT AND ENGAGEMENT DAY

1

Canada

Sign Up Information

PLEASE REGISTER BY JULY 8TH BY Completing the following registration form and send to:

Jenny Delorey – jenny.delorey@dfo-mpo.gc.ca 902-221-3394

Indigenous Youth SAR Recruitment Day

Open to Grades 9-12

Undecided about careers?

Looking to expand your employment experience?

Interested in a fun, flexible environment and opportunities to help you grow?

Are you in one of the following grades: Grade 9, 10, 11 or 12?

Heard of the **Canadian Coast Guard**, but unsure of what we do?

Look no further!

Please come join us on **JULY 15** for an engagement and recruitment day in **Unama'ki!**

This recruitment day will focus on **Search and Rescue**! We are partnering with the **We'koqma'q First Nation** to host a day for youth to test the waters!!

MEMBERTOU COMMUNITY GARDEN GROUP

Ikataqn Maupeltuewey

- Classes • Medicine • Network
- Elders & Youth • Planting
- Composting Education
- Online support
- Recycling • Plants and Flowers
- Indigenous Knowledge • Sustainability
- Two-Eyed Seeing

WEEKLY MEETINGS FRIDAYS 10 AM

Membertou Senior Center
113 B Membertou Street
Membertou NS B1S 2M9,

For more info contact pampaul@membertou.ca or janinechristmas@membertou.ca

New & Old Members welcome!
Meet & Greet/Plant Giveaway/Seed Swap

In Partnership with Ta'n Teli Ankuotumn Wikwow Project

Housing Employment Opportunity

Housing Employment Opportunity

Membertou is hiring for the position of Membertou Project Officer (two year term).

Application deadline: July 14th 2021
Send application/resumes to: jobs@membertou.ca

Summary:

Reporting to the Housing Manager, the Membertou Project Officer (Developmental) plays an important role in the overall delivery of the Membertou Housing Program. The "developmental" designation of this position signifies the need for the person to occupy the positions to build their skills in orderto become a fully qualified and effective member of the housing team.

Duties & Responsibilities:

- Actively works to connect with community members to distribute information and receive feedback on the communities housing program.
- Responsible for the development and implementation of housing related projects, including the preparation and submission/ application of funding proposals and all required reporting.
- Assisting with the oversight of daily housing operations.
- Assists with the development of the yearly operational plan; helping to ensure they are in line with the overall strategic goals of the community and that the implementation of the plan yields identified outcomes.
- Conducts research in support of the development of housing and housing related projects.
- At the direction of the housing manager, responsible for representing the Membertou Housing Programduring local, regional and national housing forums.
- Actively works with internal and external partners to secure the resources needed to advance housing initiatives.
- Works closely with, and manages external support resources to ensure their activities are in line with defined agreements and in accordance with established timelines.
- Provide strategic advice to housing manager on issues affecting the program.
- Actively supports the preparation of quarterly, annual and scheduled reports to the community, the Council, and funding partners.
- Supports effective communication between Membertou Housing, other Membertou programs, services, andorganizations.
- With the Membertou Housing Manager, supports the development, implementation, and adherence to thecommunity's Housing Policy and program.
- Responsible for ensuring that electronic and paper-based filing systems are up-to-date and secured as per internal policies and operating standards.
- Responsible for the day-to-day oversight of projects based budgets.

Qualifications

- Successful completion of a post-secondary diploma or degree.
- Ability to communicate effectively orally and in writing,
- Knowledge of business and management principles and practices.
- Knowledge of strategic planning.
- Knowledge of basic economic and accounting principles and practices.
- Knowledge of office administrative procedures.
- Proficient in relevant software applications (WordPerfect, Excel, PowerPoint etc.).

Youth Peer Support Group

Calling all high school youth, grades 9-12!

If you're interested in joining this amazing Youth Peer Support Group, please contact:

Eileen Paul
eileenpaul@membertou.ca

Ryan Gould
ryangould@mebons.ca

Do you need someone to talk to? During the teenage years striking changes happen in the body *and* in the brain, leaving youth particularly vulnerable to a wide range of mental health challenges. You are not alone. The Membertou Youth Peer Support Group offers a safe, supportive, non-judgmental place for Indigenous youth between the ages of 15 and 17, to connect and share stories with people who understand what you're going through.

For details and to register, email: Keith Anderson at keith.anderson@novascotia.cmha.ca

Membertou
WELCOMING THE WORLD

Canadian Mental Health Association
Nova Scotia
Mental health for all

Membertou Wellness Home

Membertou Wellness Home has REOPENED

Hours: Monday-Thursday, 9AM-4:30PM & Friday, 9AM-1:30PM for the summer.

Patients requiring refilling of medications need to book an office appointment or phone appointment with Dr. Power. Please arrange refills for at least 5 days prior to running out of medication, especially with summer vacations (this is your responsibility).

Anyone experiencing COVID-19 symptoms must book a COVID test prior to booking an appointment at the Wellness Home.

COVID-19 Close Contact Kits

Membertou is working with NS Public Health to provide kits to individuals/families in Membertou who have been identified by public health as close contacts of COVID-19 exposure.

The kits will include:
masks, gloves, thermometer, additional safety information.

If you've been contacted by public health as a close contact to exposure, you're eligible for a kit and can request one to be delivered by calling the Membertou Wellness Home.

902-564-6466 ext: 2840.

This is an extra measure to make sure those with close exposure remain safe during these uncertain times.

Milk Tokens

Pregnant mothers and breastfeeding mothers with infants under the age of six months old can still receive milk tokens. However, in order to reduce traffic to the Membertou Wellness Home, tokens will be delivered to your home.

For further information and/or assistance, please contact Natalie McEwan at:
902-564-6466 ext. 2760 or Tanya Poulette at: 902-564-6466 ext. 2750.

Lab Clinic

Lab clinic is held at the Membertou Wellness Home on Wednesday mornings. Due to COVID restrictions we have a limited number of appointments which must be scheduled.

Please call for an appointment.

Thank you

Membertou Councillor, Buster Matthews, donated 215 ice cream sandwiches to the students of Maupeltuewey Kina'matno'kuom (Membertou school) for grading day on Wednesday, June 30th!

Buster said, *"The number 215 hurts so much; that is where I want to start by putting at least 215 smiles on the kids for their achievements for going to school."*

Thank you, Buster! You are so kind and caring, and we know the treat you provided put a smile on the children's faces.

Have a safe and happy summer!

St. Ann's Mission Church Update

The feast of St. Anne will be celebrated on Monday, July 26th 2021 @ 2:00PM at St. Ann's Mission Church in Membertou. We are hoping for good weather, so we can have an outdoor Mass.

We will be following COVID-19 protocols. Please wear a mask. For your comfort, please bring a chair.

On Sunday, July 25th 2021 @ 6:00PM, we are asking the woman to please come to St. Ann's Mission Church to help get ready for the Good St. Anne celebration.

Hope to see you all there. More information will be the next newsletter.

Thank You,
Edith Christmas

Thank You

'Thank You' from Chrissy Christmas

Wow! Still in awe on how the Walk for Every Child Matters turned out. First, I would like to thank all the survivors that made it home.

I also want to give some shout outs to our community of Membertou, CBRM and surrounding areas; Memebrtou Men's Society: John Paul, Ryan Gould, Stephen Paul, & Noel Christmas, Native Women's Association: Karina Denny and her crew, Cape Breton Regional Police Chief Robert Walsh, Sgt. Barry Gordon, Sgt Scott Reeves; Laurie and Gabby, to mention a few.

I'd also like to thank OH&S: Peter Stevens; EMO: Bruce MacDonald and Paul Muise; Krista Dove for the traffic permit; Cooke Insurance; Father Burke; communications department: Kelsea MacNeil and Christine Phalen; my boys, RJ and Braeden Hachey for getting the candles ready; Dr. Strang, speakers: Chief Terry Paul and Yvonne Meunier, among others; drummers: Dave Muise, Billy Muise, Jocelyn Marshall, Sharon Bernard; Sons of Membertou; dancers; Heritage Park: Jeff Ward and Noah Cremo; bus drivers: John Francis and Ike Paul; Youth Chief, Jada Paul and Council; Elders; and Membertou Chief & Council!

I am sorry if I missed anyone because I couldn't have done anything without the support of everyone! I cried at how surreal July 1st was - remembering and honouring the children that never came home from Indigenous Residential School and how the memorial walk turned out!

This is the first step in healing our Nation!

Wela'lin,
Chrissy Christmas

Membertou Features