# AKNUTMAQN

### June is National Indigenous History Month

Each June, as a community we have the opportunity to celebrate and support Indigenous communities from coast to coast. This June, it feels even more important to remember the realities that our people face; in the past and today.

The lost souls in Kamloops, and across the country are honoured and remembered deeply from all of us in Membertou. While just one month of recognition through National Indigenous History Month does not begin encompass all that our communities represent today, it does provide an opportunity for reflection, learning, and healing for many.

Change is necessary for our communities to continue forward, and so is justice. Let this important month of support for Indigenous history, also be a driver of change for a better, more just and peaceful future.

Our community is our family, and our connection is deep. In the coming months, we will come together to celebrate safely, and honour the rich history of our Mi'kmaq culture.

Msit No'kmaq



#### In This Edition

Membertou News	P. 2
NS Reopening Plan: Phase 1	P. 3
Membertou Reopening	P. 4
Plan: Phase 2	
Membertou Closures	P. 5
Membertou Vaccine Clinics	P. 6
Community	P. 7-8
Membertou Wellness Home	P. 9
St. Ann's Church Update	P. 10
Cannabis Dispensaries	P. 11
Community Support	P. 12

#### Notices & Deadlines

All newsletter submissions must be sent to: <u>communications@membertou.ca</u> one week prior to newsletter release date.

The next submission deadline is Friday, June 18<sup>th</sup> 2021.

#### Closure

Membertou Band Office and associated facilities will be closed on National Indigenous Peoples Day on Monday, June 21st (if it is opened), and if staff are still working remotely, operations will be closed that day and staff will not be working.

### Membertou News

#### Green Bin & Garbage Collection

Collection is every Tuesday at 12:00 PM.

- Tuesday, June 15<sup>th</sup> 2021
- Tuesday, June 22nd 2021
- Tuesday, June 29<sup>th</sup> 2021

To book a Waste Management Session, please contact Adrian Paul at: (902) 564-6466 ext. 2256.

#### Chief & Council 2021

With the current restrictions in place province-wide, Chief and Council will be meeting on zoom and focusing on COVID-19 response measures.

To submit a letter for an upcoming council meeting, all material must be sent to: <u>chrissychristmas@membertou.ca</u> or <u>leegould@membertou.ca</u>.

Deadline for submissions is the Monday before the scheduled meeting at 12:00 PM. Any submissions after 12:00 PM will have to wait until the next council meeting.

#### Memberton Governance

Membertou Chief and Council have mandated the Membertou Governance Committee to develop laws in relation to Land Management and Citizenship. The Membertou Governance Committee is made up of Membertou employees and volunteer community members. The Committee members gather information, develop draft laws and codes, and give the community an opportunity to provide comments and concerns related to the laws.

#### Upcoming Meetings:

June 24<sup>th</sup> and July 23<sup>rd</sup> via zoom

For more information, please contact Cheryl Knockwood, Governance Coordinator by email at <u>cherylknockwood@membertou.ca</u>

#### Membertou Recycling Membertou Services

Membertou Recycling is every

second Saturday at 12:00 PM.

**Upcoming Pick-up Dates:** 

• Saturday, June 12<sup>th</sup> 2021

• Saturday, June 26th 2021

• Saturday, July 10th 2021

#### AUSTIN CHRISTMAS PLUMBING AND HEATING

24 hour plumbing and heating emergency service. New construction, renovation, service work. Mechanical ventilation installation. Call for a second opinion at (902) 304-1090.

#### CAPE BRETON REGIONAL POLICE

Emergency: 911 Non-Emergency: (902) 563-5151

MI'KMAQ CRISIS LINE 1-855-379-2099 Available to Mi'kmaq communities, 24 hours a day.

MENTAL HEALTH MOBILE CRISIS TEAM TOLL FREE: 1-888-429-8167

FREE NALOXONE TRAINING 902-574-3342

NOVA SCOTIA POWER OUTAGE INFORMATION 1-877-428-6004

MI'KMAW FAMILY & CHILDREN'S SERVICES OF NOVA SCOTIA 902-379-2433

PHARMASAVE – MEMBERTOU 902-539-7555

MEMBERTOU HOUSING EMERGENCY HOTLINE 902-270-3072

## Nova Scotia Reopening Plan: Phase 1

#### Nova Scotia's Reopening Plan: Phase 1

Nova Scotia's Phase 1 reopening plan began on Wednesday, June 2nd and it is anticipated to move to Phase 2 on Wednesday, June 16th.

This phase allows for more social connections, businesses open and activities.

Each phase will last approximately 2-4 weeks and movement to the next phase is based on ongoing progress of vaccination rates, case numbers, adherence to protocols, etc.

#### Maupeltuewey Kina'matno'kuom Update

Membertou School will continue with online learning for the remainder of the school year and will not be returning to the classroom.

Closely follow the plan for Phase 1 and continue to follow public health measures and gathering limits. Stay safe, Membertou! For more details and information, please visit: <u>novascotia.ca/reopening-plan</u>



# Memberton Reopening Plan: Phase 2

As of Wednesday, June 9th, 2021, Membertou's reopening plan, following Nova Scotia's Phase 2 protocols, will include opening of some of our businesses. Please note: this may change if the province alters their start date for Phase 2, please keep a close eve on our community Facebook page, as well as the businesses Facebook pages for up-to-date information.

#### The following businesses are planning to open on Wednesday, June 16th:

#### Membertou Sport and Wellness Centre

Hours of operation: Monday-Friday, 6AM-8PM and Saturday-Sunday, 8AM-5PM.

#### The protocols in the facility for phase 2 are as follows:

- Max capacity on the ice is 10 (coaches are included in the 10).
- Example would be 8 skaters, 1 goalie and 1 coach
- All renters must contract trace all participants
- No spectators allowed in the facility
- Players can arrive 15 minutes before ice time and must exit 15 No food our beverage permitted after ice time

#### Kiju's Restaurant, Kiju's Corner Lounge and outdoor patio

#### Hours of operation:

• Kiju's Restaurant & Patio: Monday-Sunday, 11am-9pm

- No showers at this time
- No games allowed, only skill development practices are permitted
- Masks must be worn at all times, except on the ice
- No public skating
- Walking track remains closed

#### The protocols in the restaurant for phase 2 are as follows:

- Reduced capacities and physical distancing
- Maximum number of persons permitted per table is 10 (without social distancing)
- Masks will be required at all times, except for eating or drinking
- Entertainment will be reassessed following Kijus' reopening on June 16

Kiju's will also be available for take-out/delivery through CB Eats at cbeats.ca

#### Membertou Trade and Convention Centre

#### MTCC will resume operations with the following limitations in place for meetings:

• Maximum number of persons in a meeting will be 10 people (with social distancing)

During this phase, weddings and social events are still not permitted and will be reassessed for phase 3, 4, and 5.

#### Lanes at Membertou

On June 16th, Lanes at Membertou will reopen the Eleventh Frame restaurant and lounge, as well as, the multi-sport simulators. The bowling lanes will be reopening later this month.

Membertou Reopening Plan: Phase 2

• Kiju's Corner Lounge: Monday-Sunday, 11am-10pm

### Memberton Closures

#### The following locations will be CLOSED until at least June 16th

- Membertou Band Office and associated facilities (see update below)
- Membertou Wellness Home staff members who can work from home will do so. Medical appointments will be done via telephone.
- Membertou Sport and Wellness Centre opening June 16th following Phase 2 protocols
- Membertou Entertainment Centre Online Bingo will continue Thursdays and Sundays at 7PM (mecbingo.com)
- Kiju's Restaurant opening June 16th following Phase 2 protocols
- Membertou Trade and Convention Centre opening June 16th following Phase 2 protocols
- Lanes at Membertou restaurant, bar and simulators opening June 16th following Phase 2 protocols
- Membertou Heritage Park
- All Membertou Gaming locations opening June 16th following Phase 2 protocols
- Membertou Daycare

Please keep an eye on our businesses Facebook pages and the Membertou community Facebook for updates as information becomes available.

#### Petroglyphs Gift Shop is NOW OPEN

Petroglyphs is now open under Phase 1 regulations at 25% capacity (10 people at a time).

- All COVID-19 protocols will be in place: masks, contact tracing, distancing, etc.
- The Heritage Park exhibit will remain closed in Phase One
- Open: Monday-Friday 9:00AM-4:30PM

For more information, contact: <u>heritagepark@membertou.ca</u>

#### **Membertou Band Office Update**

The Band Office will remain closed to the public in Phase 1 but has reopened its doors for drop-offs, which started on Monday, June 7th.

There will be a drop box in the foyer for anyone who needs to drop off bills, correspondence, cheques, etc.

#### Membertou Chicken & Deli

Chicken & Deli Hours: Monday-Sunday, 11AM-7PM

Call 902-539-9078 to place your order and pick-up at the drive-thru window (please wear a mask!) Order delivery through CB Eats app or <u>cbeats.ca</u>

Market Hours: Monday-Sunday, 7AM-10PM

#### **Membertou Tobacco Shop Hours**

Tuesday, Wednesday, and Friday, 12PM-5PM

### Memberton Vaccine Clinics

Way to go, Membertou!

At the vaccine clinics on June 2nd and 3rd, another 178 doses were given. In total, thus far, Membertou has administered 1059 doses of the Pfizer vaccine.

Thank you to everyone who has been vaccinated and who plans to receive a vaccine at the final clinic. A BIG thank you to the health care team for all their hard work and dedication in helping to fight COVID-19 and keep the community safe.

**FINAL COVID-19 VACCINE CLINIC (for anyone who didn't previously book):** JUNE 17, 2021

\*Appointment Bookings available until June 15, 2021

To book your appointment, call 902-564-6466. Angela Paul: ext. 2800 Madelaine O'Reilly: ext. 2840 Becca Paul: ext. 2860

Do your part to help protect the community and get a vaccine!



### Community

#### Mount Allison University Honours Chief Terry



#### **Membertou Summer Hours**

Summer Hours will be in effect starting this Friday, June 11th for Membertou Band Office and associated facilities. **The summer hours are**: Mon-Thurs 9am- 5pm & Friday 9am – 1:30pm (no lunch break)

#### **Traffic Enforcement Update**

Membertou Chief & Council passed along the community's concerns regarding traffic, specifically speeding and stops signs within the community, to the Cape Breton Regional Police.

#### In response, there will now be extra patrols in Membertou to focus on traffic enforcement:

• If you see any vehicles that fail to stop at intersections, or are speeding, please report the details to Cape Breton Regional Police dispatch operators at 902-563-5151, so an officer can respond right away.

• Soon there will be portable radar signs around the community, which will flash a warning if vehicles are driving over the set speed limit and allow the police to monitor the amount of traffic and speeds on specific streets and during specific times.

Together with the Cape Breton Regional Police, we are committed to ensuring streets in Membertou are safe. Please drive with caution!

#### **Job Opportunity**

Atlantic First Nations Clean Water Authority is hiring for the position of:

• Regulatory Compliance Officer

Application deadline is: June 18, 2021 Applications can be emailed to HR@AFNWA.CA.

For more information visit: membertou.ca/employment-information

Community





#### **ATTENTION MEMBERTOU GRADS of 2021**

If you remember last year, pole banners were made to celebrate Membertou grads. We will be making these again this year to acknowledge your accomplishments.

If you are graduating this year from university, college/trade or high school can you please email a photo of yourself to Sandi Gould at <u>sigould@membertouschool.ca</u> or send her a picture through messenger if you have her as a friend on Facebook.

All high school grad photos must be submitted by June 16th to ensure the banners are up for Graduation day. All post-secondary, METS and STAIRS grad photos must be submitted by June 25th to be placed on the billboard.

Please note: The picture doesn't have to be in a cap & gown – the choice is yours what picture you use.

#### Job Opportunity: Membertou Lobster Spares Membertou Band Members ONLY

If you are interested in being put on the spare list for this upcoming lobster season, please fill out an application found at <u>membertou.ca</u> or send your application or resume to <u>hubertnicholas@membertou.ca</u>

Community

Friday, June 11th 2021

### Memberton Wellness Home

#### Important Notice Regarding the Membertou Wellness Home

Membertou Wellness Home is currently closed due COVID-19, but staff are working from home and all appointments are now done by telephone.

Patients requiring refills of medication need to book an office appointment or phone appointment with Dr. Power.

Mental health & addictions appointments will go forward. Please contact the Wellness Home to discuss services and options for telephone appointments.

Call 902-564-6466 if you have any questions or require a telephone appointment.

#### **COVID-19 Close Contact Kits**

Membertou is working with NS Public Health to provide kits to individuals/families in Membertou who have been identified by public health as close contacts of COVID-19 exposure.

#### The kits will include:

masks, gloves, thermometer, additional safety information.

If you've been contacted by public health as a close contact to exposure, you're eligible for a kit and can request one to be delivered by calling the Membertou Wellness Home.

#### 902-564-6466 ext: 2840.

This is an extra measure to make sure those with close exposure remain safe during these uncertain times.

#### **Milk Tokens**

Pregnant mothers and breastfeeding mothers with infants under the age of six months old can still receive milk tokens. However, in order to reduce traffic to the Membertou Wellness Home, tokens will be delivered to your home.

#### For further information and/or assistance, please contact Natalie McEwan at:

902-564-6466 ext. 2760 or Tanya Poulette at: 902-564-6466 ext. 2750.

#### Lab Clinic

Lab clinic is held at the Membertou Wellness Home on Wednesday mornings. Due to COVID restrictions we have a limited number of appointments which must be scheduled.

Please call for an appointment.

Membertou Wellness Home

### St. Ann's Church Update

#### Religion / St. Ann's Church Update

Due to the current provincewide restriction of no faith gatherings, St. Ann's Church will be closed until further notice.

Religion classes are still put on hold due to this restriction, and a date for Holy Communion and Reconciliation will be provided pending restrictions being lifted and an increase in gathering limits.

Stay safe, everyone and take care of each other.

Thank you, Edith Christmas

#### St. Anne De Beaupre Trip

We, the community members, are sorry we have to announce that due to COVID-19 we will not be going to St. Anne De Beaupre this year. Please continue to pray to Good St. Anne. We are sure she will hear your prayers

Thank You, Edith Christmas & Madeline O'Reilly

#### A Message from T.W. Curry Parkview Chapel

My name is Tanya Morellato and I have been working with families for many years as a licensed Family Services Advisor at T. W. Curry Parkview Chapel. I have some good news for the First Nations Families of our community.

At T. W. Curry Parkview Chapel, we have always had a special relationship and respect for First Nations Communities. Because of our long-standing relationship, we have always used fixed pricing when providing end of life services for your families. Due to this fixed pricing, we were not able to provide Pre-Arranged Funeral Arrangements until NOW. I am proud to announce First Nations Communities in Cape Breton are now able to secure the unique plans we have offered First Nation families for years, into pre-arranged funeral arrangements with T.W Curry Parkview Chapel.

The World, and our communities have become very different in the last year. The changes COVID-19 has forced upon us have been challenging, and even more so for those who have had to endure the loss of a loved one during the pandemic. It has become increasingly harder for families to pay for funeral expenses when a loved one has passed.

I would like to have the opportunity to explain how easy it is to prepare ahead of time for what will be one of the hardest days for your family. You can call to make an appointment at 902-304-9890 or contact Edith Christmas for information.

Looking forward to helping you protect your family. Tanya Morellato

### Cannabis Dispensaries

We want to make you aware that we are receiving complaints about the cannabis dispensaries operating in the Membertou community. Not only do they draw increased traffic, but there are also concerns about potential health risks that come with the unregulated products being sold in these dispensaries, as well as the proximity of nearby public places frequented by youth. As your police service, we want to work collaboratively with the community to ensure the health and safety of everyone who lives here and so we take this opportunity to remind you about the cannabis regulations in place.

The federal Cannabis Act gives legislative power for each province to authorize the possession, sale, and distribution of cannabis – that includes who can sell cannabis, and what regulated products can be sold. Here in Nova Scotia, the Cannabis Control Act authorizes the Nova Scotia Liquor Commission as the sole cannabis retailer across the province; and that means any other unlicensed retail outlets are illegal. You may have heard news just last week, where several people operating three cannabis dispensaries in Millbrook were charged for operating these unlicensed storefronts. Police across the province continue to address the unlicensed sale of cannabis in communities through consultation with stakeholders, and those who fail to stop operating unlicensed storefronts can face enforcement.

Thank you for your cooperation to work together for a safe and healthy Membertou community.

**Cape Breton Regional Police** 

### Community Support

LOVE IS LOVE MU NA ISTUE'NUKW KSALSUTI



### MEMBERTOU REMEMBERS THE 215 CHILDREN THAT NEVER MADE IT HOME.

**#EVERYCHILDMATTERS** 



**Community Support** 

Friday, June 11th 2021