

# AKNUTMAQN



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## The Painting Experience



Maupeltuewey Kina'matno'kuom is now offering a therapeutic art group for grades five, six, seven and eight. This group provides students with an opportunity to express themselves, process their emotions, enhance self awareness and build emotions resilience.

Students are working together to plan and create large murals within the school and explore the seven sacred teachings.

This project started on November 18<sup>th</sup> and will run until February 2022. This project is also led by Ryan Robinson, SchoolsPlus Community Outreach Worker.

Weekly updates will also be provided to track the students progress.

What a wonderful and healthy opportunity. Last week, students primed the walls of the school hallway to begin their wonderful experience. We're looking forward to seeing the final results.

For more information, visit the website at:  
[www.membertouschool.ca](http://www.membertouschool.ca)

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## Upcoming Deadlines

All newsletter submissions must be sent to:  
[communications@membertou.ca](mailto:communications@membertou.ca)  
one week prior to newsletter release date. Next submission deadline is on Friday, December 3<sup>rd</sup> at 4:30 pm.

Tobacco Store Quota  
Applications – Friday, Dec. 3<sup>rd</sup> 2021 (\*\*See page 4 for details.)

Cannabis Survey Information  
(See page 4 for details.)





# Membertou News

## Band Office Hours

### Hours of Operation:

Monday – Friday  
9:00 AM - 4:30 PM

*This includes a one hour lunch break. (12:00 - 1:00 PM)*

## Band Office Relocation

The Membertou Band Administration and Finance Department has relocated to the Veterans Building (47 Maillard Street.)

The Human Resources and Social Department will remain at 111 Membertou Street until further notice.

## Membertou Recycling

Membertou Recycling is every second Saturday at 12:00 PM.

### Upcoming Pick-up Dates:

- Saturday, November 27<sup>th</sup>
- Saturday, December 11<sup>th</sup>

## Band Office Closure

The Membertou Band Office and associated facilities will be closing on Friday, December 17<sup>th</sup> for the holiday break and will reopen on Tuesday, January 4<sup>th</sup> 2022.

## Chief & Council 2021

The next council meetings will take place on November 30<sup>th</sup>.

To submit a letter for an upcoming council meeting, all material must be sent to:

[chrissychristmas@membertou.ca](mailto:chrissychristmas@membertou.ca)  
or [leegould@membertou.ca](mailto:leegould@membertou.ca)

The deadline for submissions is the business day before the scheduled meeting at 12:00 PM. Any submissions after noon must wait until the next council meeting.

## Green Bin & Garbage Collection

Collection is every Tuesday at 12:00 PM.

- Tuesday, November 30<sup>th</sup>
- Tuesday, December 7<sup>th</sup>
- Tuesday, December 14<sup>th</sup>
- Tuesday, December 21<sup>st</sup>
- Tuesday, December 28<sup>th</sup>

**To book a Waste Management Session, please contact Adrian Paul at:** (902) 564-6466 ext. 2256  
or via email at:  
[adrianpaul@membertou.ca](mailto:adrianpaul@membertou.ca)

## Membertou Services

### Alcoholics Anonymous

AA meetings in Membertou:  
Sunday 8 pm (HOW Group)  
Wednesday 8 pm (HOW Group)  
Thursday 8:30 pm (Membertou Group)

### Austin Christmas Plumbing and Heating

24 hour plumbing and heating emergency service. New construction, renovation, service work. Mechanical ventilation installation. Call for a second opinion at (902) 304-1090

### Cape Breton Regional Police

Emergency: 911  
Non-Emergency: (902) 563-5151

### Gamblers Anonymous

GA meeting in Membertou:  
3 Kateri Street Mondays 7:00-8:30 pm

### Narcotics Anonymous

Every Tuesday, 7:30 pm  
Mi'kmaq Women's Resource Centre,  
440 George St. Sydney

### Mi'kmaq Crisis Line

1-855-379-2099  
Available to Mi'kmaq communities,  
24 hours a day, in our own language.





**MEMBERTOU COMMUNITY  
TREE LIGHTING**

**WEDNESDAY, DECEMBER 1ST, 2021**

**6:00PM | MEMBERTOU POWWOW GROUNDS**  
*(Across from Tim Horton's on Churchill Drive)*

JOIN US IN KICKING OFF THE HOLIDAY SEASON WITH MUSIC,  
TREATS, AND A TREE LIGHTING CEREMONY.

NO COST, THOUGH A SILVER COLLECTION WILL BE TAKEN  
FOR THE MEMBERTOU NEEDY FAMILIES CAMPAIGN

**COLBOURNE**  


 **Memberton**  
WELCOMING THE WORLD



**COLBOURNE**  






# Community

## *Driveway Plowing, Salting and Sanding*

Membertou Housing is currently looking for individual contractors or companies that would like to (1) snow plow or (2) salt and sand driveways in Membertou. If you are interested in either service or both services please provide your name (or company name), list of equipment that will be used, confirmation of WCB coverage and a copy of your COMMERCIAL liability insurance that shows you are covered as a snow plowing provider.

YOUR information must be dropped off to the HOUSING DEPARTMENT no later than 4:30 PM on November 30, 2021. Once we have all names, the contractor list will be brought to Council for approval on November 30, 2021. A final driveway listing be provided to the successful contractors.

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## *Cannabis Survey*

Membertou band members (19 years +) will have the opportunity to vote on how Membertou should proceed with cannabis sales on December 10, 2021 from 9:00 am to 8:00 pm at the Membertou Trade & Convention Centre.

Community members who are living off reserve or unable to attend can vote electronically from November 29 at 8:00 am until December 10 at 6:00 pm.

For more information, contact Chris LaPorte at: [cjl8825@gmail.com](mailto:cjl8825@gmail.com) or via phone at: 902-564-8825 or visit: <https://membertou.ca/community-notice-and-applications/cannabis-sales-in-membertou/>

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## *\*\*Applications Available for Store Tobacco Quotas*

All interested store owners are reminded that applications are now available for store tobacco quota. Applications can be picked up at the Tobacco Shop or at the Band Office during regular business hours.

**To be eligible for a tobacco quota, the following criteria must be met:**

- Store-owners must be registered Band Members of Membertou
- Store-owners must own and operate a full-time business
- Store-owners must conduct their business from either their place of residence or from a separate building for that purpose
- Store-owners must have their business name registered with the NS Registry of Joint Stocks
- Store-owners must have a Tobacco Retail Vendor Permit from the Provincial Tax Commission

**Applications can be picked up at the Finance and Administration Office at the new location (47 Maillard Street) beginning on Monday, November 1<sup>st</sup>. All applications must be submitted by Friday, December 3<sup>rd</sup> 2021.**



## Support Services in Membertou



Are you **looking for support** in the following areas:



Mi'kmaq Family & Children Services.

Assistance with court forms or the court process.

Are you looking for available resources?

Do you need someone to talk to?

Contact Membertou's Band Designate – **Melanie Mellen**

[melaniemellen@membertou.ca](mailto:melaniemellen@membertou.ca)

902.578.7960





# Community

## *Business or Job Readiness Support Services*

In partnership between Membertou Entrepreneur Centre and Mi'kmaw Economic Benefits Office of Nova Scotia, workstations will be available every Wednesday.

There will be three (3) workstations set up for community members to come in for an opportunity do some research for business plans, funding, updating resumes and job seeking.

This will be offered every Wednesday, beginning on November 17<sup>th</sup>. Attendees will have access to a laptop/ internet/printer. Staff will be available to help.

If interested in booking a time, please call or email:

- Maureen MacDonald at: 9025646466 ext. 3300 | [maureenmacdonald@membertou.ca](mailto:maureenmacdonald@membertou.ca)

If you have any questions, please contact:

- Eileen Paul at 9025646466 ext. 3302 | [eileenpaul@membertou.ca](mailto:eileenpaul@membertou.ca) or
- Irene Carroll at: 9025624700 | [Irenecarroll@menons.ca](mailto:Irenecarroll@menons.ca)

All COVID guidelines will be followed.



## NEED BUSINESS OR JOB READINESS SUPPORT SERVICES?

For additional information and to make an appointment, please email:

- [maureenmacdonald@membertou.ca](mailto:maureenmacdonald@membertou.ca)
- [eileenpaul@membertou.ca](mailto:eileenpaul@membertou.ca) or
- [irenecarroll@mebons.ca](mailto:irenecarroll@mebons.ca)





# St. Ann's Church & Religion News

## *Mass Information*

### **First Week of Advent**

**Mass:** Saturday November 27 2021 @ 6:00 pm

**Lector:** Darlene Anganis

**Eucharistic Minister:** Deacon Lorne MacNeil

**Altar Server:** Dean Christmas

### **Second Week of Advent**

**Mass:** Saturday December 4 2021 @ 6:00 pm

**Lector:** Natalie McEwan

**Eucharistic Minister:** Deacon Lorne MacNeil

**Altar Server:** Dean Christmas

### **Third Week of Advent**

**Mass:** Saturday December 11 2021 @ 6:00 pm

**Lector:** Yvonne Meunier

**Eucharistic Minister:** Deacon Lorne MacNeil

**Altar Server:** Dean Christmas



## *Baptismal Course*

If you are interested in having your child baptized, please contact Edith Christmas at: 902-564-6466 ext. 2350 to make further arrangements.

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## *First Holy Communion/Reconciliation*

Dear Parents/Guardians,

We are getting closer to having a few dates in order for your child/children who have been waiting to make their sacrament of First Holy Communion and Reconciliation. I will be contacting you by phone.

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## *Membertou Needy Families Committee*

Christmas is just around the corner. The committee will start taking names of those who may need assistance this year. Names will not be accepted from other people on your behalf. You are responsible for your own submission. The deadline is Friday, December 10<sup>th</sup> 2021.

For more information, please contact Edith Christmas at: 902-564-6466 ext. 2350.





# Membertou Wellness Home

## Membertou COVID-19 Booster Vaccine Clinics for Seniors and those Ages 40+

Booster doses (3<sup>rd</sup> Dose) are available in First Nation Communities for those 30 Years of age and older. A booster dose is recommended 6 months following completion of the primary COVID Vaccine series. A booster dose will help in maintaining protection against COVID-19.

**Clinic Dates: December 7-9<sup>th</sup>, 2021 & December 14<sup>th</sup>, 2021**

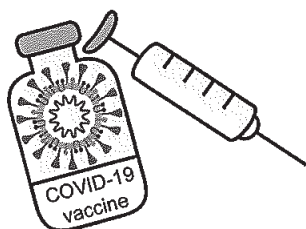
**Location: Membertou Wallace Bernard Memorial Centre (Seniors Centre)**

### **How to book an appointment?**

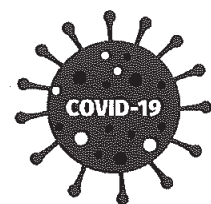
To book call (902)564-6466,  
Angela Paul at ext 2800 , Madelaine O'Reilly ext 2840,  
Rebecca Paul ext 2860 or Tanaya Paul ext 2880.  
Please leave a message and your call will be returned. Please have your health card number and email address when booking.

**Boosters for 30-39 year olds will take place in January 2022.**

The COVID-19 Booster Vaccination Clinic is for Membertou Band Members and Community Residents ONLY!



*For more information,  
Please call Tanya at (902)564-6466 ext 2750.  
Natalie ext 2760, Madelaine ext 2840  
or Rebecca ext 2860*



*Stay safe!!*  
**Membertou Wellness Home**



# Membertou Workshop

## New Mom Cultural Crafts Workshop!

It's not selfish to take care of yourself. A healthier, stronger, happier you, is better able to care for those depending on you! It might be the furthest thing on your mind, but taking time to connect with yourself is important.

Are you a mom to be or a mother of a child/children under 2 years old?  
Join us for some cultural crafts with some other beautiful mothers.

We will be beading Christmas Ball Ornaments with Andrea Dennis!

November 29, 2021 @ 1pm-3pm.

Sign up goes by a first come first serve basis!

Contact me to sign up!

Tanaya Paul  
MCH Home Visitor  
(902)564-6466 ext. 2880  
tanayapaul@membertou.ca



**PLEASE BRING PROOF OF  
VACCINATION AND PHOTO ID!**





# What's Happening in Membertou?



ENTREPRENEUR'S  
**Holiday**  
**MARKET**

PRESENTED BY  
MEMBERTOU ENTREPRENEURSHIP CENTRE

**SUNDAY, DECEMBER 12TH**  
MEMBERTOU TRADE & CONVENTION CENTRE  
**12PM - 5PM**

**\$2 ADMISSION**  
OR UNWRAPPED TOY DONATION,  
ALL PROCEEDS GO TO CHARITY.

SHOP FOR A VARIETY OF ITEMS  
INCLUDING BEADWORK, BAKED GOODS,  
ARTWORK AND MORE, CREATED BY  
15 VENDORS FROM MEMBERTOU.

PROOF OF DOUBLE VACCINATION &  
PHOTO ID REQUIRED AT THE DOOR

 **Membertou**  
Entrepreneur Centre  
*"Helping you build a successful business."*

Certificate Programs   Balance   Business Support





# Membertou Employment

## Employment Opportunity

**Submit your cover letter and résumé to:**

Membertou Human Resources Department

Attention: Troy Paul

111 Membertou Street, Membertou, NS B1S2M9 Or via E-mail to: [jobs@membertou.ca](mailto:jobs@membertou.ca)

**Job Title:** Bartender

**Department:** Membertou Trade & Convention Centre (MTCC)

**Reports to:** Dining Room Services Manager and Catering Manager

**Qualifications:**

- Previous experience as a bartender is required.
- Must be willing to work a variety of hours, based on business needs

*For a full list of duties and qualifications, please visit [www.membertou.ca](http://www.membertou.ca)*

**DEADLINE FOR APPLICATIONS:** December 1<sup>st</sup> 2021 at 4:30 pm (Only those applicants selected for an interview will be contacted)

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**Job Title:** Food & Beverage Server

**Department:** Membertou Trade & Convention Centre (MTCC)

**Reports to:** Dining Room Services Manager and Catering Manager

**Qualifications:**

- Minimum of 1 year of previous experience as a restaurant server is required.
- Eligibility to serve alcoholic beverages is preferred

*For a full list of duties and qualifications, please visit [www.membertou.ca](http://www.membertou.ca)*

**DEADLINE FOR APPLICATIONS:** December 1<sup>st</sup> 2021 at 4:30 pm (Only those applicants selected for an interview will be contacted)

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**Job Title:** School Bus Driver (Casual)

**Department:** Education

**Reports to:** Bus Transportation Supervisor

**Qualifications:**

- Must have a valid Class 5 or up Driver's License with N removed\*
- Must provide a current driver abstract

*For a full list of duties and qualifications, please visit [www.membertou.ca](http://www.membertou.ca)*

**DEADLINE FOR APPLICATIONS:** Dec. 7<sup>th</sup> 2021 (Only those applicants selected for an interview will be contacted)





# Community Partners

**TRADING OR SELLING YOUR RIDE?**

**TOP DOLLAR PAID**

+

**1,000 AIR MILES®**



**SYDNEY MAZDA | FREE APPRAISALS | 902-564-3100**