

AKNUTMAQN



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Remembrance Day in Membertou



Yesterday, November 11th was Remembrance Day.

Every year, the community gathers in celebration to honour those who sacrificed their lives in the war. Due to the Covid-19 pandemic, we observed the day differently this year.

Although there was no mass, a small ceremony took place at St. Anne's Mission Church. This included readings of various poems, singing of O'Kanata, the Last Post and laying of the wreaths.

The community of Membertou will continue to remember all of the men and women who sacrificed so much to protect our rights and our freedom. Each day, we are thankful

for their bravery and for their services.

To honour our veterans, there are banners hung along Maillard Street and Membertou Street.

Lest we forget.

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Upcoming Deadlines

All newsletter submissions must be sent to:
communications@membertou.ca
one week prior to newsletter release date. Next submission deadline is on Friday, November 19th 2021 at 4:30 pm.

Tobacco Store Quota Applications – Friday, Dec. 3rd 2021 (**See page 4 for details.)



Membertou News

Band Office Hours

Hours of Operation:

Monday – Friday
9:00 AM - 4:30 PM

This includes a one hour lunch break. (12:00 - 1:00 PM)

Band Office Relocation

The Membertou Band Administration and Finance Department has relocated to the Veterans Building (47 Maillard Street.)

The Human Resources and Social Department will remain at 111 Membertou Street until further notice.

Membertou Recycling

Membertou Recycling is every second Saturday at 12:00 PM.

Upcoming Pick-up Dates:

- Saturday, November 13th
- Saturday, November 27th
- Saturday, December 11th

Chief & Council 2021

The next council meetings will take place on November 16th and November 30th.

To submit a letter for an upcoming council meeting, all material must be sent to:

chrissychristmas@membertou.ca
or leegould@membertou.ca

The deadline for submissions is the business day before the scheduled meeting at 12:00 PM. Any submissions after noon must wait until the next council meeting.

Green Bin & Garbage Collection

Collection is every Tuesday at 12:00 PM.

- Tuesday, November 16th
- Tuesday, November 23rd
- Tuesday, November 30th
- Tuesday, December 7th
- Tuesday, December 14th
- Tuesday, December 21st
- Tuesday, December 28th

To book a Waste Management Session, please contact Adrian Paul at: (902) 564-6466 ext. 2256
or via email at:
adrianpaul@membertou.ca

Membertou Services

Alcoholics Anonymous

AA meetings in Membertou:
Sunday 8 pm (HOW Group)
Wednesday 8 pm (HOW Group)
Thursday 8:30 pm (Membertou Group)

Austin Christmas Plumbing and Heating

24 hour plumbing and heating emergency service. New construction, renovation, service work. Mechanical ventilation installation. Call for a second opinion at (902) 304-1090

Cape Breton Regional Police

Emergency: 911
Non-Emergency: (902) 563-5151

Gamblers Anonymous

GA meeting in Membertou:
3 Kateri Street Mondays 7:00-8:30 pm

Narcotics Anonymous

Every Tuesday, 7:30 pm
Mi'kmaq Women's Resource Centre,
440 George St. Sydney

Mi'kmaq Crisis Line

1-855-379-2099
Available to Mi'kmaq communities,
24 hours a day, in our own language.



Community

Check Runs

Finance checks can be picked up at the Band Office (47 Maillard Street) on Friday's from 9:30 AM until 4:30 PM. Anything that has not been picked up will be mailed out.

Cape Breton Regional Police

Criminal Record Checks Hours:

Monday to Thursday

8:00 AM – 11:30 AM and 1:10 PM – 3:00 PM

Membertou office only. No appointments necessary. Two (2) pieces of ID required, one with a picture.

Rentals at Membertou 55-Plus Society

Are you looking for a venue to host an event or meeting? Do you need tables and chairs for a birthday party, graduation, anniversary etc.? We do rentals at a competitive price.

For more information, please contact Janine Christmas at: 902-565-3893.

Medical Transportation Notice:

Please note: Louise Paul has relocated to the Membertou Band Office Finance Department. If you are unsure what is a coverage, please contact Louise M. Paul at: 902-564-6466 ext. 2710.

This is a reminder to the Membertou community in regard to Medical Transportation Coverage (Dynasty Cabs.) The following list is NOT a coverage under Medical Transportation:

- Family Services of Eastern Nova Scotia
 - Chiropractors
 - Court
 - Physiotherapy (Private) – only coverage is if you have a scheduled appointment at the Cape Breton Regional Hospital Physiotherapy Department
-

Mandatory Mask Wearing - Reminder

Parents/Guardians, Students of Membertou,

This is a reminder to please remind your child/children to wear their masks on the bus, as it is mandatory by the Province of Nova Scotia. This is to help prevent the spread of Covid-19.

Thank you,

- Ike Paul



Community

Thank You - Membertou Daycare

We would like to thank the community businesses for participating in our Trick-or-Trunk event. The children had a great time and enjoyed all the treats.

Thank you,
- Membertou Daycare Staff

Looking for Survey Participants

I am a Research Assistant with Cape Breton University and working on a project on affordable housing. I am doing this research part-time and not as an employee of Membertou.

I am looking for participants who are Membertou band members, 18 years of age and older and who have experience seeking affordable housing in Membertou and/or in the surrounding Cape Breton Regional Municipality.

In order to collect data, I have developed questions that can be delivered in the form of a survey that you can do on your own. If you prefer a telephone interview in place of a survey that can be arranged. Steps will be taken to keep anonymity. All participants will receive a \$5 Tim Hortons card.

If interested in participating, please go to the link below or contact Melissa MacDonald to send you the link: <https://forms.office.com/Pages/ResponsePage>.

If you have any questions, please contact Melissa at: 902-979-4186 or Melissa_MacDonald@cbu.ca.

***Applications Available for Store Tobacco Quotas*

All interested store owners are reminded that applications are now available for store tobacco quota. Applications can be picked up at the Tobacco Shop or at the Band Office during regular business hours.

To be eligible for a tobacco quota, the following criteria must be met:

- Store-owners must be registered Band Members of Membertou
- Store-owners must own and operate a full-time business
- Store-owners must conduct their business from either their place of residence or from a separate building for that purpose
- Store-owners must have their business name registered with the NS Registry of Joint Stocks
- Store-owners must have a Tobacco Retail Vendor Permit from the Provincial Tax Commission

Applications can be picked up at the Finance and Administration Office at the new location (47 Maillard Street) beginning on Monday, November 1st. All applications must be submitted by Friday, December 3rd 2021.

Membertou Wellness Home



Membertou Wellness Home Information

Hours of Operation:

Monday - Friday | 9:00 AM - 4:30 PM

- Patients requiring refilling of medications must book an office/phone appointment with Dr. Power. Please arrange refills for at least five (5) days prior to running out of medication. (This is your responsibility.)
- Anyone experiencing COVID-19 symptoms must book a COVID test prior to booking an appointment at the Wellness Home.

COVID-19 Close Contact Kits

Membertou is working with Nova Scotia Public Health to provide kits to individuals/families in Membertou who have been identified by public health as close contacts of COVID-19 exposure.

The kits will include: masks, gloves, thermometer, additional safety information.

If you've been contacted by public health as a close contact to exposure, you're eligible for a kit and can request one to be delivered by calling the Membertou Wellness Home.

Milk Tokens

Pregnant mothers and breastfeeding mothers with infants under the age of six months old can still receive milk tokens. However, in order to reduce traffic to the Membertou Wellness Home, tokens will be delivered to your home.

For further information and/or assistance, please contact:

Natalie McEwan at: 902-564-6466 ext. 2760 or Tanya Poulette at: 902-564-6466 ext. 2750.

Lab Clinic

Lab clinic is held at the Membertou Wellness Home on Wednesday mornings. Due to COVID restrictions, there is a limited number of appointments which must be scheduled. **Please call for an appointment.**

Wellness Home Services

Full-time Clinic Hours

Dr. Jeff Power is now available full-time. Please contact Maggie Wadden, medical secretary, for an appointment. She can be reached at 564-6466 (ext. 2440).

Vaccinations

If your child requires vaccinations, please do not call Dynasty (Plaza) Taxi to bring you to the Wellness Home. These trips are not reimbursed by First Nations & Inuit Health. It is the parent/guardian's responsibility to provide their own means of transportation.

Diabetes Foot Care

Diabetic foot care is done by appointment only. Please call 902-564-6466.

Dental Therapy

Floyd Prosper, Dental Therapist, can be seen every Tuesday at (Maupeltuwey Kinamatno'kuom (Membertou School). To book an appointment, please call: (902) 564-6466 (ext. 2880).

Blood Collection

Wednesdays 9:00 - 11:30 am at the Wellness Home. Please make sure you have your health card with you.



Membertou Wellness Home

Flu Shot Clinics

For:

Membertou Band Members/Residents

Dates:

- Monday, November 15th
1:00 pm – 5:00 pm
- Thursday, November 18th
1:00 pm – 4:00 pm
- Wednesday, November 24th
1:00 pm – 5:00 pm

Location: Membertou Wellness Home

Due to Covid-19, all flu clinics are appointment only. To book an appointment, call Tanya Poulette at: 902-564-6466 ext. 2750 or Madelaine O'Reilly, ext. 2840.

****Masks are mandatory at the Membertou Wellness Home.**

Memberton Wellness Home

New Mom Cultural Crafts Workshop!

It's not selfish to take care of yourself. A healthier, stronger, happier you, is better able to care for those depending on you! It might be the furthest thing on your mind, but taking time to connect with yourself is important.

Are you a mom to be or a mother of a child/children under 2 years old?
Join us for some cultural crafts with some other beautiful mothers.

We will be beading Christmas Ball Ornaments with Andrea Dennis!

November 29, 2021 @ 1pm-3pm.

Sign up goes by a first come first serve basis!

Contact me to sign up!

Tanaya Paul
MCH Home Visitor
(902)564-6466 ext. 2880
tanayapaul@membertou.ca



**PLEASE BRING PROOF OF
VACCINATION AND PHOTO ID!**

St. Ann's Church & Religion News

Mass Information

Date: Saturday, November 13, 2021 at 6:00 pm

Lector: Yvonne Meunier

Eucharistic Minister: Deacon Lorne MacNeil

Altar Server: Dean Christmas

Date: Saturday, November 20, 2021 at 6:00 pm

Lector: Joan Paul

Eucharistic Minister: Deacon Lorne MacNeil

Altar Server: Dean Christmas



Baptismal Course

If you are interested in having your child baptized, please contact Edith Christmas at: 902-564-6466 ext. 2350 to make further arrangements.

First Holy Communion/Reconciliation

Dear Parents/Guardians,

We are getting closer to having a few dates in order for your child/children who have been waiting to make their sacrament of First Holy Communion and Reconciliation. I will be contacting you by phone.

Member/Needy Families Committee

Christmas is just around the corner. The committee will start taking names of those who may need assistance this year. Names will not be accepted from other people on your behalf. You are responsible for your own submission. The deadline is Friday, December 10th 2021.

For more information, please contact Edith Christmas at: 902-564-6466 ext. 2350.



Membertou Heritage Park

Membertou Heritage Park's Artist's Program: A Celebration of Mi'kmaq Art, Music and Culture

In the Spring of 2012, the Community of Membertou opened Heritage Park in recognition of the importance of sharing our culture and history. In the spirit of this recognition, we've launched an exciting new project to foster the growth of the next generation of Mi'kmaq creators through workshops and engagement from established artists.

Three aspiring young Mi'kmaq artists will be chosen through a nomination and selection process (details available at celebratemikmaq.com). They will embark on an exciting journey of learning and discovery, and be matched with a mentor for scheduled one-on-one training and guidance. Over the course of the program, the mentoring and creative process will be documented on video and the resulting artistic works will be featured in both virtual and physical exhibits throughout Unama'ki.

The program will also include interactive workshops presented by our selected mentors. Workshops will focus on each mentoring artist's craft, including cultural and historical references. Depending on our artist-mentor matches, workshop topics being considered include the following:

- Beadwork
- Basket Making
- Painting
- Drumming
- Dance
- Quillwork

Each selected trainee will receive a total bursary of \$4,500 divided into monthly payments during their participation in the program.

The trainees will be expected to apply the skills they have learned from their mentors. By the end of the program, trainees' creations will be shared in online exhibits as well as physical exhibits at Membertou Heritage Park and Membertou Trade & Convention Centre.

To learn more about this exciting project, or to nominate a young talented Mi'kmaq artist today, please visit our website at celebratemikmaq.com and click on the "CLICK TO NOMINATE" button to fill out our nomination form. Let us know who you feel would be deserving of this journey of learning and discovery!

If you are interested in being considered as a mentor please contact Jeff Ward at: (902) 567-5333 or email: jeffward@membertou.ca.

N O M I N A T E
A YOUNG MI'KMAQ ARTIST



Membertou Employment

Employment Opportunity

Submit your cover letter and résumé to:

Membertou Human Resources Department

Attention: Troy Paul

111 Membertou Street, Membertou, NS B1S2M9 Or via E-mail to: jobs@membertou.ca

Job Title: Cleaning Associates/Laundry Workers – Part time

Department: Environmental Services

Reports to: Environmental Services Manager

Duties and Responsibilities:

- Clean all assigned areas in a sanitary manner.
- Operate various types of cleaning equipment, both mechanical and electrical.
- Perform special cleaning, furniture moving or meeting set up projects as required at all Membertou Band & Commercial Buildings.
- Use chemicals and supplies according to department standards to ensure safety and efficiency

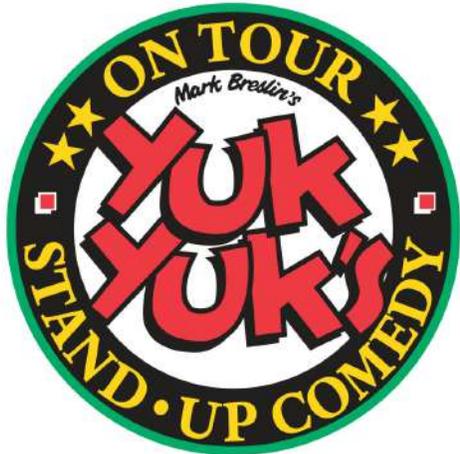
Qualifications:

- Previous experience is not required but would be an asset;
- Must be reliable and willing to work shift work as required on days, evenings and weekends;
- Valid Driver's license would also be an asset;
- Willing and able to follow instruction/direction;

For a full list of duties and qualifications, please visit www.membertou.ca

DEADLINE FOR APPLICATIONS: Wednesday, November 17th 2021 at 4:00 pm. (Only those applicants selected for an interview will be contacted.)

What's Happening in Membertou?



MEMBERTOU
TRADE & CONVENTION CENTRE

PRESENTS



HEADLINER
FRANCOIS WEBER



MATT BAKER



ALBERT COOMBS

YUK YUK'S STAND UP COMEDY

**FRIDAY, NOVEMBER 12TH &
SATURDAY, NOVEMBER 13TH**

DOORS 7:00PM | COMEDY 8:00PM

PRICES VARY FROM \$25, \$35 & \$45 + TAX | PER PERSON

VIP SECTION INCLUDES APPETIZER TRAY PER TABLE

TABLES OF 6, 8 & 10 AVAILABLE

*Individual tickets will not be available for these shows.
Bar service & snack menu available*

**CONTACT KIM AT 902-562-6826 EXT. 6103
TO BOOK YOUR TABLE!**

Please note that our Box Office is closed at this time.

**Proof of double vaccination and valid photo ID
will be required at the door.*

ENJOY AN EVENING OF LAUGHS!



Community Partners

TRADING OR SELLING YOUR RIDE?

TOP DOLLAR PAID

+

1,000 AIR MILES®



AIR MILES.



SYDNEY MAZDA | FREE APPRAISALS | 902-564-3100